

## 1. Information before starting at pre-school

Welcome, parents of \_\_\_\_\_!

**First day of schooling:** \_\_\_\_\_ **at.** \_\_\_\_\_

### **Schooling:**

When the child starts at the pre-school, we have 1-2 weeks of "soft" start, depending on the need of the child. A parent stays at school with the child during the training period.

The first 3 days the child will start at 08.30 and stay at the preschool for about 2 hours. We increase the time when we believe that the child is ready for it.

We prefer to see the child start on a Monday, to get a glimpse of the whole week's routines. Bring 2 photos of the child and some family photos in the beginning of the first week.

### **Responsibility:**

During schooling, a pre-school teacher will be responsible for the education of the child in collaboration with a sponsor child from the pre-school. The task of the sponsor child is to show the premises and tell the new child about the preschool. The sponsor child should be a support when the new child is introduced to the group. The person in charge of the schooling provides continuous information to the parents and we appreciate if you come up with questions, comments and inform us about your child.

### **Opening hours:**

- \* The preschool is open from 7.15 to 17.00 Monday to Thursday and 7.15 to 12.30 Fridays.
- \* On Fridays, children are picked up by 12.30 at the respective department
- \* Lunch is served daily from 11.30 to 12.30.

### **Time of arrival:**

When the child is enrolled, you can drop in any time from 7.15, but at the latest kl. 08.45.

### **The child should always bring:**

- Backpack
- Extra clothes for replacement, at least two layouts (wet days may require more changes)
- Shoes that are easy to take on and off
- Towel (bath days)
- Swimwear and inflatable armbands (bath days)
- Rainwear and boots (when raining)
- Diapers and wipes for children who need it
- **All the children's clothes and belongings should be marked with the child's name**

### **Snack "mellanmål":**

The children bring the snack from home. We eat the "mellanmål" at 9.00 - 9.30. Please bring for example. sandwich, fruit or yogurt and something to drink. Do not bring nuts, cakes, sweets or soft drinks. There is mineral water to drink at the preschool.

**Own toys:**

The kids are allowed to bring one of their own toys the first Tuesday of each month. Only that day and no other day!

**Leave:**

If you want leave for your child, please fill in the leave application available at the preschool or on the school's website ([www.skandskol.com](http://www.skandskol.com)). Always remember to inform the staff in advance.

**In case of illness:**

If your child is sick, he/she should stay at home to become healthy again and as to not infect other children.

Absenteeism or sickness reports are made directly to the pre-school by sending an SMS or calling at the Swedish pre-school's mobile: 823020397 or the English pre-school 852615104

**Here are some tips for making schooling easier for both you and your child:**

- Prepare the child by finding out in advance the times and routines for food and sleep at the pre-school. Try as best you can to adjust the child to these routines. As a suggestion, one or two weeks before the child starts.
- It's good to accustom the child to meet other children, for example at an open preschool. It's also good that other adults apart from the parents some time takes care of the child.
- Introduce regular food (so that the child has not only eaten canned food when it starts at preschool).
- When leaving the child, never sneak away. Always say "good bye" even if the child is sad.
- Children read their parents' reactions. If the mother or father looks calm and confident at the handover, then the child also feels more secure. When you say "good bye", always walk away and do not come back. That makes the child confused. If the child cries and is despairing at/after the handover, it's better to call the staff after a while and ask if the child calmed down.
- Allow the child to show all their feelings, including the negative ones (sad, angry, etc.). Adults often want children to be happy all the time, but in order to become a "whole person", all emotions must be included and confirmed. The negative feelings are not dangerous and sometimes we comfort too much.
- Accept how the teacher conducts the schooling, with its advantages and disadvantages. Schooling routines are thoughtfully planned by the teacher with regard to your child and other children in the children's group.
- Rest assured that the staff knows when it's time for you to leave the child for a longer period at the pre-school.
- Explain the child's habits and personality to the staff. Parents know their children best and children are all different. Also, tell the staff about what the child likes (games, food, etc.).
- Bring snug blanket, teddy, pacifier or any other thing that the child is attached to during the days of schooling.

And lastly, a warm welcome to us at the pre-school!